



Comparing your dialysis options

Dialysis is not a one-size-fits-all treatment. You have the right to choose which modality best fits your lifestyle. Use the chart below to compare and contrast the differences between each dialysis option.

	Continuous cycler- assisted peritoneal dialysis	Continuous ambulatory peritoneal dialysis	Conventional home dialysis	Short daily home dialysis	Nocturnal home dialysis	In-center dialysis
Ability to dialyze at your own convenience	✓	✓	✓	✓	✓	
Lower transportation costs and travel time to your dialysis center	✓	✓	✓	✓	✓	
May provide you with more time for your hobbies and other activities that you enjoy	✓	✓	✓	✓	✓	
More flexibility with what you can eat and drink	✓	✓	✓	✓	✓	
Needle-free treatments	✓	✓				
Immediate access to trained staff to assist with your treatment						✓
Care partner may be required			✓	✓	✓	
Training will take a few weeks to complete			✓	✓	✓	
Minor surgery is needed to create your vascular access, which connects the dialysis machine to your bloodstream	✓	✓	✓	✓	✓	✓
Additional storage space for home dialysis supplies needed	✓	✓	✓	✓	✓	



AKF works on behalf of 37 million Americans living with kidney disease.
Visit [kidneyhealthforall.org](https://www.kidneyhealthforall.org) to learn more about your home dialysis options.

Dialysis options glossary

Continuous cycler-assisted peritoneal dialysis

Uses a machine to empty used dialysate, a cleaning liquid, out of your belly and refills it with fresh dialysate.

Continuous ambulatory peritoneal dialysis

A machine-free treatment that uses gravity to allow you to empty used cleaning liquid from your belly and refill it with fresh cleaning liquid.

Conventional home dialysis

Uses a smaller dialysis machine to clean your blood of extra waste and water. It will send the clean blood back into your body.

Short daily home dialysis

Works similarly to conventional home dialysis, but treatment is done for about two hours daily or every other day.

Nocturnal home dialysis

A dialysis machine cleans your blood as you sleep through long and slow treatments.

In-center dialysis

Uses a larger machine to clean and return your blood to your body. All treatments are administered by dialysis staff.



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